

CONFERENCE DETAILS

Date February 3 & 4, 2012
Location Prairie's Edge Casino Resort
Granite Falls, MN

Registration - \$55.00 if registration is received on/before January 4, 2012
- \$65.00 if registration is received after January 4, 2012
- Student registration is \$25 before January 4, 2012 and \$30 after January 4, 2012

Seating is Limited so Register Early!
Registrations must be postmarked by
January 27, 2012 by 4:00 pm
(Late Registrations will not be accepted)
Walk-ins will not be admitted day of
Conference!

Training Hours Friday: 3 hours
Saturday: 6 hours

** Friday hours do not meet CCR&R
Grant Requirements **

CEU's (Saturday) .6 CEU's are available (\$2.50)

Sign-In Saturday Morning, 7:15—8:30 AM

Vendors will be available during the Friday evening reception and all day on Saturday

Cancellation Policy

No Refunds will be given should the conference be cancelled due to bad weather. Participants will be contacted via e-mail if cancelled due to weather.

Shopping!!

Be sure to take time to visit the many vendor booths that will be available beginning Friday evening and continuing throughout the day on Saturday.

FRIDAY NIGHT

6:00—7:00 PM Free hors d'oeuvres reception hosted by Child Care & Nutrition, Inc. (CCNI) & Vendor Shopping

7:00—8:00 PM "Minute Menu Help"

8:00—10:00 PM Smart \$\$ Food Tips & Program Requirements by CCNI

***To Register for Friday night, call CCNI directly at 1-800-634-3359 or go to www.childcarenutrition.com for more information and to register. ***



SATURDAY

7:15—8:30 AM Registration & light breakfast

8:30—10:30 AM "Chasing Zs: The Quest for Restoration & Balance"
Nancy Jo Hambleton

10:30-10:45 AM Break
**Due to a later lunch time,
feel free to bring your own snack**

10:45-12:45 AM "I Am Moving I Am Learning"
Donna Henning

12:45-1:30 PM Lunch/Vendor Shopping

1:30-3:30 PM "Cooperative Games for All Ages"
Ed Rajkowski

**To register for Saturday, please call 1-877-311-2244

Note: Drawings for door prizes will take place throughout the day!

Lodging at
Prairie's Edge Casino Resort

\$69/night, Rooms available Friday & Saturday. Call 1-866-293-2121 **before January 14, 2012** to make a reservation. Be sure to mention that you are with the Kids First Conference.

MIDWEST CHILD CARE RESOURCE & REFERRAL
PO BOX 159
MONTEVIDEO, MN 56265

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MARSHALL, MN
PERMIT NO. 20

*Join us for the 6th Annual
high energy and
informative workshop for
early childhood educators,
caregivers, and parents!*



February 3 & 4, 2012

New Location:

Prairie's Edge Casino Resort
(Convention Center)
5616 Prairie's Edge Lane
Granite Falls, MN

(3 miles South of Granite Falls on Highway 23)

SATURDAY

7:15—8:30 AM Registration & light breakfast
8:30—10:30 AM Nancy Jo Hambleton

“Chasing Zs: The Quest for Restoration & Balance”

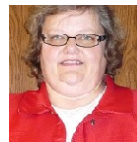


Nancy Jo Hambleton: Nancy holds a Bachelor of Arts degree from St. Olaf College and a Master of Science degree from St. Cloud State University in *Health Education*. She is currently a Health & Wellness instructor at MN West Community & Technical College, having over thirty combined years of teaching in higher education. She’s also shared her expertise in roles as researcher, presenter, workshop facilitator, coordinator/trainer, and teacher of teachers. She enjoys sharing her passion for wellness with all ages and stages. Sleep is one of her favorite wellness topics and also one of her favorite things to do!

10:30-10:45 AM Break
 Due to a later lunch time, feel free to bring your own snack

10:45-12:45 PM Donna Henning

“I Am Moving I Am Learning”
 (Interactive Training)



Donna Henning: Donna is the current Home Base Education Manager at Heartland Community Action Agency Head Start. She has worked in the field of early childhood for over twenty years and has a Masters in Early Childhood from Concordia University. Her background includes recently being appointed to the MN Early Learning Council and having worked with ECFE, teaching at a public school, serving as a resource and referral coordinator for child care providers, coordinating a family service collaborative and providing in-home parenting/counseling to families. Please join her in rededicating yourself to the fun and passion of learning while moving to the beat.

12:45-1:30 PM Lunch/Vendor Shopping

1:30-3:30 PM Ed Rajkowski

“Cooperative Games for All Ages”
 (Interactive Training)



Ed Rajkowski: Ed is known as the “Super Duper Phy. Ed. Guy”. He will be joining us for an exciting session on ways to get kids moving. Ed is a recently retired Physical Education teacher from the Sauk Rapids/Rice Schools. He was the highlight of the day for thousands of young children over the years and has fun and creative ways to engage children in movement activities.



Kids First conference is planned and hosted by
Midwest Child Care Resource & Referral Child Care & Nutrition, Inc.
MN West Community & Technical College, Granite Falls
and the
Head Start programs at:
Heartland Community Action
Prairie Five Community Action
Southwestern MN Opportunity Council
Western Community Action



“Chasing Zs: The Quest for Restoration & Balance”

Do you long for a good night’s sleep? Has it been so long since you’ve had one that you don’t know what it is?! Well then, wake up, smell the coffee, and taste it too as you attend the morning opener at the Kid’s First Conference.

“I Am Moving...I Am Learning (IMIL)”

I Am Moving, I Am Learning curriculum offers fun activities to combine learning with physical activity. Donna will share ways to incorporate these activities into each day through group times, transitions and outdoor play. IMIL seeks to increase daily moderate to vigorous physical activity (MVPA), improve the quality of movement activities intentionally planned and facilitated by adults, and promote healthy food choices every day.

“Cooperative Games for All Ages”

Come and join us as we discover the many usual and unusual games to get young children moving. Games that can be used indoors and outdoors; games for large and small groups, circle times, and multi-aged games will be covered. There will be new games that you may not have heard of and old games with revised rules. You will see games of high, medium, and low activity level. You’ll leave with new ideas and have fun in the process.

Send this form with payment to:

Midwest Child Care Resource & Referral
P.O. Box 159
Montevideo, MN 56265
 (Phone: 320-269-2227 or 877-311-2244)

Saturday Registration:

\$55.00/person if postmarked before January 4 or
 \$65 after January 4
 \$25.00/student (\$30 after January 4)
 (Copy of Student ID Required with Registration)
 I need CEU’s (.6) at \$2.50 per person \$ _____

Name: _____

Total Enclosed: \$ _____

Address: _____

Daytime Phone: _____

E-mail Address: _____ (for cancellation purposes) Cash

I plan to attend: _____ Saturday Conference Check

_____ Special Dietary Needs

Card # _____
 Expiration Date: ____/____/____
 Credit Card (Visa or Mastercard Only)

To Register for Friday Night— please call
1-800-634-3359 or go to www.childcarenutrition.com

Signature: _____

I am employed by: _____ Head Start _____ Family Child Care _____ Child Care Center _____ ECFE _____ Student _____ Other _____